

## 2017-2018 ANGIER BASKETBALL LEAGUE BOYS 10 & UNDER RULES AND REGULATIONS

### I. LEAGUE ADMINISTRATION

- A. The Angier Basketball League shall be administered by the Parks and Recreation Department.
- B. The Administration reserves the right to make any changes deemed necessary at anytime.

### II. ELIGIBILITY

- A. Participants cannot be 11 years of age before January 1, 2017.
- B. Players must turn in complete application for before participating.
- C. Players who are questioned on age must provide a birth certificate before participating in any future games or practices.

### III. SAFETY

- A. Player safety is a primary concern of this league and all involved individuals must abide.
  - 1. Players wearing glasses must wear a safety strap.
  - 2. During all practices and games, no extra running or dribbling of balls will be allowed in the gym area.
  - 3. No outside balls are allowed in the gym.
  - 4. No type of hard cast or jewelry may be worn during any practices or games.

### IV. LEAGUE RULES

- A. Duration of game
  - 1. Four eight minute quarters with continuous running clock.  
(4<sup>TH</sup> Quarter: Regulation Clock last 2 minutes)
  - 2. Quarter breaks are one minute.
  - 3. Halftime is three minutes.
  - 4. Overtime is two minutes. Only 1 overtime in regular season.
  - 5. One timeout in overtime.
  - 6. Two timeouts per game. Timeouts cannot be carried into overtime.
  - 7. Two certified referee per game.
  - 8. Teams will be allowed a ten minute grace period before forfeit is called.
  - 9. Teams can play with four players on court.
  - 10. **28.5** size basketball and **9** foot goal will be used.
  - 11. Free throw line will be **12** feet.
  - 12. The ten second and backcourt rules are in effect.
  - 13. There will be a five second lane violation.
  - 14. The three point shot is in effect in this division.
  - 15. Each player must sit out in each half and all players must play 12 minutes of each game.
  - 16. Player will foul out after sixth foul.
  - 17. On the 8th team foul one and one bonus free throws. (Overtime – 3rd team foul – one & one).  
There is no 2 shot foul rule unless foul ruled intentional or in act of shooting.
  - 18. If a team is leading by 15 or more points, they must play zone defense inside of 3 point arc.
  - 19. **NO PRESSING IN THE BACK COURT UNTIL FINAL TWO MINUTES OF GAME.**
  - 20. Trash talking and stare downs will not be tolerated and will result in ejection.
  - 21. Shirt tails must be tucked in at all times as well as shorts must be properly worn.
  - 22. All players and coaches are to demonstrate good sportsmanship at all times.
  - 23. **Note: Two technical fouls for unsportsmanlike conduct on a player or coach will result in an ejection from the game. A coach, player or spectator ejected from the game must leave the facility immediately. Any coach, player or spectator ejected will be suspended for the remainder of the current game and the next scheduled game. Additional disciplinary actions may be taken at the discretion of Parks and Recreation Director.**