

**2017-2018 ANGIER PARKS AND RECREATION  
COED 8 AND UNDER BASKETBALL LEAGUE  
RULES AND REGULATIONS**

**I. LEAGUE ADMINISTRATION**

- A. The Angier Basketball League shall be administered by the Parks and Recreation Department.
- B. The Administration reserve the right to make any changes deemed necessary at anytime.
- C. **THIS IS AN INSTRUCTIONAL LEAGUE.**
- D. **NO SCORE WILL BE KEPT.**

**II. ELIGIBILITY**

- A. Participants cannot be 9 years of age before January 1, 2017.
- B. All players must be officially registered by the Parks and Recreation Department.
- C. Players who are questioned on age must provide a birth certificate before participating in any future games or practices.

**III. SAFETY**

- A. Player safety is a primary concern of this league and all involved individuals must abide.
  - 1. Players wearing glasses must wear a safety strap.
  - 2. During all practices and games, no extra running or dribbling of balls will be allowed in the gym area.
  - 3. No outside balls are allowed in the gym.
  - 4. No type of hard cast or jewelry may be worn during any practices or games.

**III. LEAGUE RULES**

- A. Game Rules
  - 1. Each game will consist of four quarters with each quarter to last 8 minutes using a running clock. Regulation clock during the last two minutes of the fourth quarter.
  - 2. **SCORE WILL NOT BE KEPT.**
  - 3. Half time will be 3 minutes.
  - 4. At halftime each player will shoot one free throw.
  - 5. One timeout per half. They cannot be carried over.
  - 6. One certified referee per game.
  - 7. Teams can start and play game with 4 players.
  - 8. 28.5 Size ball and 8.5 foot high goals will be used.
  - 9. Free throw line is twelve feet.
  - 10. There is NO three point shot, ten second rule or lane violations.
  - 11. There is no fouling out. After 10 team fouls per half two shots will be awarded.
  - 12. **2-3 Zone defense is mandatory and cannot extend out past 3 point arc.**
  - 13. **TWO PASSES PER POSSESSION. EVERY POSSESSION.**
  - 14. **NOTE – Two technical fouls for unsportsmanlike conduct on a player or coach will result in an ejection from the game. A coach, player or spectator ejected from the game must leave the facility immediately. Any coach, player or spectator ejected will be suspended for the remainder of the current game and the next scheduled game.**

**-Intentionally stalling or holding the ball outside of 3 point arc on offense in the 4<sup>th</sup> quarter when having a one possession lead (1 OR 2 point lead) is NOT ALLOWED. If this happens, the game will be stopped and the coach will be warned and it will be recorded in the official scorebook and any 2<sup>nd</sup> offense of this rule during the season will result in a technical foul and coach will be ejected from game. Remember this is an instructional league and THE SCORE IS NOT BEING KEPT.**